

## **NEW DAY – CRITERIA FOR PROGRAM ADMISSION/REFERRAL FORM**

**New Day** is a referral-based program at Her Majesty's Penitentiary (HMP) which provides communitybased Intensive Case Management (ICM) to persons who are living with significant and/or persistent mental health issues or concurrent disorders. Using a trauma informed approach, the Intensive Case Manager (ICM) assists participants while in custody begin to develop comprehensive support plans to improve community functioning and quality of life.

Through in-reach, the ICM program begins with the development of a therapeutic, trusting relationship with the participants. Assessments of participant needs are completed, and personal goals are established along with the start of a transition plan for release. This can include but is not limited to supportive counselling, systems navigation, planning for basic needs (stable housing, financial security, healthy relationship support, community resource support, etc.).

### CRITERIA FOR ACCEPTANCE TO THE PROGRAM

- 1. Age 18 years or older
- 2. Any person with a confirmed or suspected psychiatric history who is experiencing significant functional impairment that would benefit from case management. Such conditions can include but is not limited to:
  - i. Psychotic disorders (schizophrenia, psychosis not otherwise specified)
  - ii. Mood disorders (depression, bipolar)
  - iii. Anxiety disorders
  - iv. Dual diagnosis (mental illness and intellectual disability)
  - v. Concurrent disorder (a mental illness and addiction)
  - vi. Eating disorders
- 3. Functional difficulties due to psychopathology and are not transient in nature (no less then 6 months).
- 4. Incarcerated (sentenced or on remand who will be sentenced with 2 or more months).
- 5. Voluntarily show interest and intent to actively participate in the program.
- 6. Be able to identify personal goals.
- 7. Be willing to meet with their ICM a minimum once a week and participate in case plan goals.
- 8. Must be planning to reside in the St. John's, CBS, Mount Pearl, or Paradise region upon release.

#### **EXCLUSIONS CRITERIA**

- 1. Diagnosis of Axis II disorders where the risk for criminal activity cannot be mitigated through case management, for example Anti-social Personality Disorder.
- 2. Inability or lack of motivation to participate in case planning and goal setting.
- 3. Already engaged with an Intensive Case Management Team



# NEW DAY REFERRAL FORM

REFERRAL INFORMATION (OMIT FOR SELF-REFERRAL)		
NAME OF REFERRAL SOURCE:		DATE OF REFERRAL: (YY/MM/DD)
AGENCY/ORGANIZATION/DEPARTMENT:		
TELEPHONE:	EMAIL:	

APPLICANT INFORMATION		
SURNAME:		FIRST NAME:
DATE OF BIRTH: (YY/MM/DD)		SOCIAL INSURANCE NUMBER:
MCP:		MCP EXPIRY:
ADDRESS (PRIOR TO INCARCERATION):		
POSTAL CODE:		TELEPHONE:
EMAIL:		
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REMAINING IN THE ST. JOHN'S AREA:	IF NO, WHERE:	
□ YES □ NO		

LEGAL INVOLVEMENT		
CURRENT/PAST CRIMINAL CHARGES:		
SENTENCED:	RELEASE DATE: (YY/MM/DD)	OUTSTANDING CHARGES:
🗆 YES 🗌 NO		I YES I NO

LEGAL INVOLVEMENT con't	
REMAND: 🗌 YES 🗌 NO	NEXT COURT DATE: (YY/MM/DD)
NATURE OF OUTSTANDING C	HARGE(S):
PARTICIPANT BARRIERS	
DOES THE PERSON HAVE A CO	DNFIRMED OR SUSPECTED PSYCHIATRIC DIAGNOSIS? 🗌 YES 🛛 🗍 NO
IF CONFIRMED, WHAT IS THE	DIAGNOSIS?
IF SUSPECTED, WHAT ARE TH	E SYMPTOMS?
IS THE PERSON CURRENTLY T	AKING MEDICATION FOR PSYCHIATRIC SYMPTOM MANAGEMENT?
□ YES □ NO	
IF YES, WHAT MEDICATIONS?	

DOES THE PERSON CURRENTLY STRUGGLE WITH FUNCTIONAL DIFFICULTIES THAT ARE THE RESULT OF PSYCHOPATHOLOGY CONDITIONS? YES NO IF YES, IDENTIFY THE FUNCTIONAL CHALLENGES.

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DOES THE PERSON HAVE A HISTORY OF SUBSTANCE ABUSE:  $\Box$  Yes  $\Box$  NO

IF YES TO THE ABOVE, PLEASE PROVIDE DETAILS (I.E., SUBSTANCE TYPE, DURATION, FREQUENCY, ETC.)

HAS THE PERSON ATTEMPTED SUICIDE IN THE PAST:  $\Box\,$  Yes  $~~\Box\,$  NO

IS THE PERSON CURRENTLY SUICIDAL OR HAVING SUICIDAL THOUGHTS: YES NO IF YES **TO THE ABOVE**, PLEASE PROVIDE DETAILS (I.E., FREQUENCY, HOSPITALIZATION, ETC.):

DOES THE PERSON HAVE A CURRENT OR PRIOR HISTORY OF SELF HARM: VES NO ARE THERE ANY BEHAVIORAL CONCERNS THAT ARE IMPORTANT FOR THE CASE MANGEMENT TEAM TO KNOW? VES NO IF YES, PLEASE SPECIFY.

IS THE PERSON WILLING TO PARTICIPATE IN AN INTENSIVE CASE MANAGEMENT PROGRAM?

□ YES □ NO

IS THE PERSON ABLE TO IDENTIFY PERSONAL GOALS?

□ YES □ NO

WHAT IS THE MOTIVATION FOR BECOMING INVOLVED IN THE NEW DAY PROGRAM?

## GOALS AND MOTIVATION cont'd

WHAT DO THE PERSON HOPE TO GAIN FROM THIS PROGRAM?

DO YOU HAVE ANY ADDITIONAL INFORMATION THAT YOU THINK WOULD BE HELPFUL FOR US TO ASSESS ELIGIBILITY FOR THE NEW DAY PROGRAM? I YES INO. IF YES, PLEASE PROVIDE DETAILS:

ACKNOWLEDGMENT	
IS THE PARTICIPANT AWARE OF THE REFERRAL: 🗌 YES 🗌 NO	
PARTICIPANT SIGNATURE:	DATE: (YY/MM/DD)
REFEREE SIGNATURE:	DATE: (YY/MM/DD)

OFFICE USE ONLY:		
ACTION DATE: (YY/MM/DD)	ACCEPTED: YES NO	
IF NO, PLEASE SPECIFY REASON:		
DPARTICIPANT REFUSED SERVICE		
DUNSUITABLE PROGRAM		
UNABLE TO REACH THE PARTICIPANT		
□PARTICIPANT IS TRANSFERRED OUT OF INSTITUTION		
DPARTICIPANT MOVED OUT OF SERVICE AREA		
□ OTHER:		
REFERRAL SOURCE NOTIFIED: YES NO	DATE NOTIFIED: (YY/MM/DD)	
SIGNATURE:		